hampshire under 11 may day athletics
portsmouth 3 may 2010

under uka and Hampshire AA rules

bank holiday monday 3 may 2010
mountbatten centre, portsmouth from 12.00

- The Under Elevens May Day Athletics in was started by Alan Cropp in 2006. The numbers doubled in 2007 and the Long Jumps entry had to be closed. May Day falls on Monday 4th May and this date will also be used to decide the age group of the competitors. This falls in line with the Sportshall competitions that started in October 2006.

- The County holds its Pentathlon Championships on this day for Under Thirteens through to Seniors. They are intended to allow athletes to try out new events in a competitive situation without the stress of team competition in more of a fun atmosphere. Indeed, apart from individual awards, there is also a trophy for the family which scores most points.

- This year we are changing the Under Elevens May Day Athletics to a Multi-Events competition and adopting the QuadKids format, as recommended by UK Athletics for this age group.

- The young athletes compete in the four events and each is awarded points from scoring tables. Their final placing is decided by the total points.

- Further competition for this age group is offered by the Hampshire Mini Games and the Wessex League. For this, membership of a competing club is needed and parents who need details should tick the box on the entry form.

Detach entry form and send with the entry fee to:
Alan Ive
25 Manor Gardens
Southbourne
EMSWORTH
Hants
PO10 8PA
email: alan@aive.fsnet.co.uk

www.athletics.hampshire.org.uk

DETACH ENTRY FORM

entry form

HAMPSHIRE UNDER 11 MAY DAY ATHLETICS 2010

CAPITAL LETTERS PLEASE

Surname

Forename

Club or School

Date of Birth DAY - MONTH - YEAR Boy or Girl

Full Postal Address

Postcode

Telephone No.

email use actual case

Tick this box if you need a contact for the Hampshire Mini Games or Wessex League

Entry fee: £5.00

Please make cheques payable to Hampshire A.A.

Signed (Parent or Guardian):

Signature..... **Date**.....D

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Alan Ive
25 Manor Gardens, Southbourne, EMSWORTH, Hants, PO10 8PA
email: alan@aive.fsnet.co.uk

under 11 may day athletics programme

Time	Event	Sex
1215	75 metres	Boys
Following	75 metres	Girls
1245	Long Jump	Boys
1300	Vortex Howler Throw	Girls
1415	Long Jump	Girls
1415	Vortex Howler Throw	Boys
1530	600 metres	Boys
1545	600 metres	Girls

guidance notes

The events are for those aged nine and under eleven on the day of competition.

You are advised to allow ample time to park, report to the track room, collect numbers and warm up.

Club or school vests are preferred and advertising material must not be apparent.

The numbers are to be worn back and front on the upper body and securely fastened at each corner, preferably using eight safety pins, so that the pins pass through the card twice and it is not easily torn off during the athlete's exertions, particularly in inclement weather.

Numbers may not be folded or otherwise mutilated. They are for identification in the brief period in which the athlete reaches the line.

Report to the marksmen near the start line for each event 10 minutes before start time. Nobody is permitted to accompany the athlete to the start line.

Time does not permit the use of starting blocks.